

Policy on Controlled Substances

The following medications carry significant risk, can be addictive, and have an abuse potential. In an effort to ensure that our patients are not exposed to unnecessary risk, and receive the best possible care, MAGNOLIA PRIMARY CARE has created the following policy for prescribing controlled medications.

Stimulant Medication for Attention Deficit Disorder (ADD)

In order to prescribe stimulant medication, the patient must have documentation of psychiatric or psychological evaluation. If an evaluation has not been done or if we do not have access to the report, we will assist the patient in scheduling an appointment with a psychiatric or psychological professional. Once patient provides documentation of previous testing or completes psychological testing with confirmation of diagnosis, patients 18y+ must complete urine drug screen and basic lab work for kidney and liver function. If urine drug screen is negative and lab work is in normal range, we will start or continue ADHD medication. Patient will be required to schedule medication monitoring appointment every three months. One visit per year must be in office. The remaining three visits may be telehealth. Patient must sign controlled substance contract once per year. Patient must complete urine drug screen and lab work once per year. If these policies are not met, we will not prescribe stimulant medication.

Opioid Medications for Pain

Opioids are appropriate medications to use for acute pain. For significant pain lasting longer than two (2) weeks, specialty referral and/or other methods will be considered. We will not prescribe opioids for chronic long-term use.

Benzodiazepines and Sleep Aids

We will not prescribe benzodiazepine medications for chronic long-term use. We will not prescribe sleep aids such as Soma, Lunesta or Ambien.

Controlled substances cannot be prescribed for longer than one month and refills are not permitted. We will periodically verify with the Prescription Drug Monitoring Program website to see if the patient is receiving controlled substances from other professionals. If a patient is found to be receiving controlled substances from other professionals and has not disclosed this to MAGNOLIA PRIMARY CARE, they will no longer receive controlled substances from our practice.